



## Fathers healing relationships after family violence

'It's better to nurture a child than repair an adult'.

**Hobart training: 8th & 9th August, Devonport: 29, 30th August  
- 2 day Start Today Again training.**

The Start Today Again program acknowledges that children suffer significant emotional and psychological trauma when growing up in a home with family violence – trauma which can remain with them their entire life. The focus of the Start Today Again training program and resource toolkit is to help men in particular, understand the effects of family violence on children.

The program consists of a range of flexible **training modules** including:

- one day and a two-day 'Train the Trainer' training program,
- a 12 week 2xhour program,
- YouTube filmclips, including the newly produced 'Sponge' filmclip,
- short presentations,
- **Resource toolkit** containing 35 resources.

The **two-day** intensive **Train the Trainer** program equips attendees to deliver future training and incorporate various modules of the Start Today program into existing programs. It covers the research evidence informing the Start Today Again program, intergenerational trauma and link to violent behaviour, inheritance, how fathers can change their behavior and heal relationships with their children and how to use the Start Today Again resource toolkit.

The name Start Today Again was inspired by the Paul Kelly song 'If I could start today again' The SPONGE film clip was produced by The Salvation Army and can be viewed on the website [www.salvationarmy.org.au/starttodayagain](http://www.salvationarmy.org.au/starttodayagain)

**Trainers: Dr. Ron Frey** is a developmental psychologist, university lecturer and child and family therapist who has extensive experience in child protection, family violence counselling, probation and parole, youth work and working with the Joint Churches Domestic Violence Prevention Program.

**Don McCrae** is a criminologist and specialist Salvation Army housing and support manager working with homeless families, prisoner, and rehabilitation and resettlement programs.

**Go directly to the registration portal to register online.** <https://mailchi.mp/f884542dc3d7/start-today-again-training-update>